

**Co-Community Spiritual Director's Thoughts**

As we Christians move through the season of Easter heading toward Pentecost we become like little children who can't wait for their birthday to arrive. We want to move from the empty tomb right into the coming of the Holy Spirit with power. We too have a difficult time waiting.

For the disciples of Jesus had seen the Risen Christ on that first day of resurrection. He had even breathed on them and said "Receive the Holy Spirit," but the waiting between the empty tomb and the arrival of the Holy Spirit Power on Pentecost probably seemed like forever. During the waiting period the disciples must have gone about their normal routines but they also gathered together for worship and praise. It was in one of those worship times, while they were in one accord, that the Holy Spirit came down upon them with the sound like a mighty rushing wind and the tongues of fire. In this one moment the disciples experienced a transformation that totally changed their lives. They were now truly the disciples of The Risen Jesus Christ filled with the Holy Spirit Power.

New life had been breathed into them and they were now ready to go out and spread the good news of God's salvation through believing in Jesus as the Son of God, who lived, died, and rose from the dead, gaining the victory over sin and death.

Do you live your life as if you are a disciple of Jesus Christ, having been given new life which results in the glory of God coming upon you?

There was a Bishop of the early Christian movement named Irenaeus, who lived just two hundred years after Jesus. Irenaeus said "The glory of God is a human being fully alive." Do you feel fully alive? Are you aware of the transformation going on within you? Are you aware of the transformation that is going on in the church, the body of Christ? Are you aware of the transformation that is going on within the Springfield Area Emmaus Community?

God is at work in a mighty way, transforming the church through people just like us. Emmaus is one of the instruments that God is using to transform the lives of people. New life in the spirit restores us to a right relationship with God and refreshes us while moving us in new directions; not only as individuals but also as the body of Christ. Let the transformation of the life of the butterfly be a reminder to you of the transformation that goes on within each one of us. Once we come out of the cocoon of the Emmaus Walk we need to spread out our wings and fly. The butterfly does not spend all the time setting on just one flower, but flies to many different flowers. Why not try out your spiritual wings and be fully alive as you truly live as a disciple of Jesus Christ, spreading the good news of God's salvation to others. Invite your family and friends to join our Emmaus Community by going on a walk where lives are transformed by the power of God.

De Colores, *Carolyn Peacock*