



**SPIRITUAL DIRECTOR'S THOUGHTS**

As a little girl I loved St. Patrick's Day because that was the one day of the year that I could celebrate my Irish heritage. I remember spending hours looking for that lucky four-leaf clover, throwing the pennies in the wishing well and of course wishing on the first star that I saw at night. We have many different ways of wishing and hoping for what we want in life. What is it that you put your hope in?

Thornton Wilde said "Hope is a projection of the imagination; so is despair. Despair all too readily embraces the ills it foresees; hope is an energy that arouses the mind to explore every possibility to combat them. In response to hope the imagination is aroused to picture every possible issue and to try every door."

We have a choice to either live in despair which surrounds us with negative energy and depletes us of all hope, or we can live in the hope "that in all things God works for the good of those who love him, and who have been called according to his purpose" (Romans 8:28). Living with a positive attitude, which hope brings us, will put a smile on your face and a dance in your step.

Is it just the "Luck of the Irish" that some people just seem to always be smiling and happy or do they purposefully look for the best in everything like I purposefully looked for that four-leaf clover? Looking for the good in everything surrounds us with hope and positive energy. When you awaken each morning begin to praise God before you even get out of bed. Thank God for the restful night and praise him for the day ahead. It is a joy to begin each day in the presence of our Lord. You will find that hope will begin to spring up from within the depths of your being and that before long you will be looking at the best in everything. It will then be a day that you can greet others with "Top of the Day to You!"

You see, having a great day is not just the luck of the Irish but it is having your mind set on the good things, the positive things, which is the hope that is found in the Resurrected Christ. Philippians 4:8 says "Whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—think about such things." So if we want to practice Godly living we need to encourage each other with words of praise and appreciation. As the Emmaus community we are to be the hands and feet of Christ, letting Christ increase while we decrease.

Many are in the habit of giving up things for Lent. As this Lenten Season continues why not give up any negative thoughts and complaining and let go of the negative energy that has entered your life thus allowing God the opportunity to refresh your spirit with hidden signs of renewal. Let love, peace and joy become the positive energy that renews your spirit. May you be blessed as Christ increases and the selfish attitudes in you decrease.

March is a month that we can look at as the dreary end of winter or as having hidden signs of new beginnings for spring. The choice is yours, and how you choose to look at this month will greatly affect your positive or negative energy level. So look for the hidden signs of spring and begin to put a smile on your face. It is truly a great day for praising the Lord.

DeColores,

Carolyn Peacock

Co-Community Spiritual Director

### MEN'S WALK #39 TEAM LIST

LD	John Chambers	ATL Jacob Berner
Board Rep	Jim Yoakem	ATL Brian Fout
SD	Rev. Bob Scott	ATL Rick Smith
C0-SD	Rev. Roland Wildman	ATL Gene Bell
ALD	Norm Moore	ATL Phil Corns
ALD	Greg Stout	ATL John Keeran
ALD	Dene Voorhees	ATL Mike Amos
LOG	Dan Warren	Clergy Rev. Robert Martin
LOG	Jeff Cheeseman	Clergy Rev. Vicki Downing
MD	Steve Ryman	Clergy Rev. Eddie Freshour
MD	Dave Johnson	
TL	Jim Mayhugh	
TL	JC Howell	
TL	Brett Boblitt	
TL	Dean Settles	
TL	Jerry Jones	
TL	Anthony Blackburn	
TL	John Wade	

### WANTED: LAY SPEAKERS & PASTORS

Wanted, Lay speakers and Pastors to volunteer their time occasionally at Oakwood Village, a (long term care facility.) Many of the Christians at Oakwood are unable to attend their church services in their home churches therefore, Sunday service is provided for them.

If you are interested in being our Lord's hands and feet to these precious people and are able to give a 20 minute sermon please contact Mary Beth Cheeseman for details.

Home # 882-1349 Work # 342-8440

Christ is counting on you, and we are counting on Christ.

Blessings, <><

Mary Beth Cheeseman

Spiritual Care Coordinator

### ATTENTION LADIES OF WW#58

We forgot to mention it at the close of the walk, but the food and fellowship at the end of each gathering is actually a potluck. So please plan to bring a covered dish to share if you chose to stay for the social time down in the dinning room. We supply the drinks.

Blessings, The Social Committee

## Ever wonder how you can show Jesus' love on a Weekend?



Pray, pray, Pray  
Cook and serve food  
Set up and restore rooms  
Clean bathrooms  
Sponsor Pilgrims  
Provide agape'  
Serve on the Board  
Attend Gatherings and  
invite others  
Help with newsletter,  
database and website  
Carry luggage  
Prepare and clean up  
kitchen  
Launder kitchen towels  
and aprons  
Share special music  
Help with administration  
and worship  
Purchase and deliver  
supplies  
Pray, pray, Pray

**Comm Lay Dir** - John Baugh  
390-0964  
**Kitchen** - Jean Stout  
299-0883  
**Logistics** - Jeff Cheeseman  
882-1349  
**Music** - Vic Neves  
767-2976  
**Supply** - Dana Johnson  
831-6014  
**Registrars** - Nita Jenkins (Men)  
542-1279  
Betty Yoakem (Women)  
390-3085

*Jesus said, "For even the Son of Man did not come to be served, but to serve..."* Mark 10:45a (NIV)

**TRUE STORY:** A few years ago during a February Walk, there was a significant snowfall on Thursday night. Schools were closed and many businesses announced delayed openings Friday morning. We were scheduled to work the Friday breakfast. At that time there usually were only a few "willing servants" working in the kitchen on Friday, so we didn't expect more than two or three folks to brave the weather that morning. As we crept through the snow covered streets to the church, we were wondering out loud how we would be able to get it "all" done. "Oh ye of little faith!"—before 7 o'clock there were **21** dedicated people who showed up to serve God, Emmaus, and the Pilgrims!!

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Non-Profit  
Organization  
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Permit No. 27

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info@berners.com

*Find us online:*

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www.highstreetumc.com

### **UPCOMING GATHERINGS!**

**Sunday, March 14, 2010 at 7 PM**

#### **FOOD & FELLOWSHIP:**

After each gathering, there will be a time of fellowship and food.

**If you plan to stay, please bring a dish to share.**

#### **REUNION WW#58**

**Sunday, March 14, 2010 at 6 PM**

### **2010 WALK DATES:**

#### **Women's Walks**

- # 59 JUNE 24-27
- # 60 NOVEMBER 4-7

#### **Men's Walks**

- # 39 APR. 22-25  
LD: JOHN CHAMBERS
- # 40 AUG. 12-15

**HELP!**

***We are in need of applications.  
Please consider sponsoring a pilgrim!***

God has saved us and called us to a holy life -- not because of anything we have done  
but because of his own purpose and grace.

This grace was given us in Christ Jesus before the beginning of time